SUBSTANCE USE DISORDER (SUD) SPECIFIC EDUCATION CONTENT AREAS

The following subject matter represents content areas appropriate for substance use disorder /chemical dependency specific education hours. Please utilize when filling out SUD Specific Education Grid for *initial* application with the OCDP Board. See note at bottom for those renewing with the OCDP Board.

Some educational courses may cover content that can be split into several content areas. Distribution of course hours cannot exceed the number of hours awarded by the education provider.

Educational Sponsors or Providers should utilize this document in determining content areas for courses/workshops/trainings for OCDP Board approved CEU hours.

C1 - Substance Use Disorder & Recovery Knowledge

This content area may include both theories of addictions as well as more general knowledge about substance use and the development of substance use disorders.

Information that meets this content area may include:
- Contemporary and historical models and theories regarding substance use (and other addictive) disorders. Psychological approaches for explaining drug dependence, i.e. behavioral models, cognitive theories, personality theories, etc.
- Knowledge, terms and concepts related to theory, etiology, research, and practice
- Brain disease research and findings
- Knowledge of biological, psychological, social and spiritual aspects impacted by substance use and substance use disorders
- Understanding the difference between substance use disorders from other medical and psychological conditions
- Communications related to addiction use knowledge with individuals with substance use disorders and others affected by the substance use.

C2 - Counseling Procedures and Strategies as applied to those with Substance Use Disorder

This content may include counseling theories, stages of change, evidence-based strategies and skills in effectively engaging with individuals with substance use disorders. The importance of cultural diversity, trauma informed and sensitive/delicate engagement strategies.

Information that meets this content area may include:
- Evidence based counseling, integrated care & inter-professional strategies, engagement strategies, psycho-social interventions utilized in the treatment and relapse prevention of substance use disorders including but not limited to

- Motivational Interviewing, Cognitive Behavioral Treatment and MAT; development and utilization of recovery supports
- Significance of the stages of change in the treatment and counseling process
- Information to enhance cultural diversity, trauma sensitivity and recognition of the impact of cooccurring disorders in the treatment of substance use disorders
- Development of and importance of the therapeutic alliance
- Use of self in the counseling and engagement processes
- Elements indicative of a crisis and effective intervention strategies
- Professional issues including countertransference, boundary setting, and the therapeutic use of self disclosure

C3 - Group Process and Techniques

This content area includes information and skills needed to effectively utilize group as a treatment modality.

Information that meets this content area may include:
- Understanding and providing psychoeducation that is applicable to client needs
- Group therapy as a treatment modality including models, types, stages, risks and benefits of group participation
- Group facilitation strategies and skills to increase positive clinical impact of the group in the individual change process
- Strategies to enhance cultural and trauma sensitivity in the utilization and facilitation of group

C4 -Assessment and Diagnosis of Substance Use Disorder

This content area may include information about the screening, assessment, assessment tools, and data gathering to effectively determine the presence of a substance use disorder and the identification of client strengths and needs.

Information that meets this content area may include:
- Screening, assessment and data gathering procedures
- Diagnostic interviewing emphasizing the impact of substance use on bio-psycho-social functioning
- Examination of both antecedents/precursors and consequences of substance use
- Use and interpretation of testing instruments for identifying psychoactive
- substance use disorders
- Knowledge of DSM criteria for determining diagnosis of substance use Disorders
- Criteria for determining appropriate treatment modality, specific interventions and recommended initial level of care, i.e. ASAM level of care
- Use of collateral data and other helpful information in the assessment process
- Recognition of the presence and impact of co-occurring disorders , their impact on the development of substance use disorders, and referral processes for further assessment and evaluation of co-occurring disorders
- Information required for a comprehensive assessment and how to properly document

C5 – Family Dynamics

This content area may include information about family dynamics, impact of substance use on significant relationships as well as the development and implementation of effective family related education and counseling services.

Information that meets this content area may include:
- The role of family, social networks, and community systems as assets or obstacles in treatment and recovery processes
- Methods and strategies for incorporating family and social dynamics in addictions/SUD treatment and recovery processes
- Knowledge of the impact of substance use on family and other interpersonal relationships
- Models and techniques to assess strengths and challenges of relationships and effective engagement strategies with family members and other significant relationships
- Educational or clinical needs of family members and other significant relationships
- Family dynamics, distress and dysfunction related to the presence of substance use disorders and/or other medical or psychological conditions

C6 - Pharmacology

This content area may include information about the effects of various psychoactive, synthetic and herbal substances of abuse; as well as prescribed pharmaceuticals used for treatment of addiction and mental and emotional disorders. A minimum of 6 hours should include information about medications for addiction/substance use disorder treatment.

Information that meets this content area may include:
- Pharmacology of medications for addiction treatment (MAT) i.e. Methadone, Suboxone, Vivitrol, etc.); naloxone training
- Importance of psychosocial interventions as part of Medication Assisted treatment protocols including withdraw management
- Pharmacodynamics of psychoactive, synthetic, herbal substances of abuse, and psychotropic medications used in the treatment of substance use disorders and psychological disorders
- The impact of various psychoactive substances on an individual's physiology, brain functioning, mental processes/perceptions, human growth and   development, the development of tolerance and associated withdrawal symptoms

C7 – Relapse and Recovery Strategies

This content may include evidence-based approaches to relapse and recovery support strategies.

Information that meets this content area may include:
- Types of community support groups, AA, NA, CA
- Role of peer support
- Recovery Residences
- Harm reduction strategies
- Wellness knowledge and strategies for self-care

Revised 7.2023

- Current behavioral health trends and research, i.e. suicide and self- harm, gambling, violence, grief and loss, sexually transmitted infections, human trafficking awareness and prevention
- Self- care of clinicians

C8 - Treatment Planning

This content area may include utilization of assessment information in determining appropriate level of care, the development of individualized treatment and relapse prevention plans, identification of appropriate clinical interventions, the evaluation and documentation of the effectiveness of treatment interventions.

Information that meets this content area may include:
- Models and levels of care in the treatment of substance use disorders
- Criteria for admission, continuing care and discharge from various levels of care for the treatment of substance use disorders
- Development of individualized treatment plans utilizing individual challenges, strengths to address immediate and long-term needs to support recovery and preventing relapse
- Utilization of assessment information and the individual's stage of change in the development of an individualized treatment plan
- Communication to help clients/patients understand diagnosis to develop an individual treatment plan
- Skills needed to develop collaborative relationships with individuals with substance use disorders
- Identification of appropriate treatment interventions (i.e. individual, group counseling) to support immediate needs and relapse prevention strategies
- Case management models, services and referral processes to address needs that cannot be met within the current treatment arena
- Treatment Planning documentation standards

C9 - Legal and Ethical Issues Pertaining to Substance Use Disorder Professionals

This content area may include information about ethical practices, and legal and ethical requirements that are applicable to the addiction profession. Common issues leading to and strategies to combat ethical violations including training, supervision, and documentation.

Information that meets this content area may include:
- Specific knowledge of appropriate ethical codes and laws associated within the addictions counseling profession within scope of practice
- Accurate understanding of the social implications of diagnostic labels, such as avoiding **stigma** language, using person-centered language and the accountability of the profession to support
- Issues with Telehealth regarding confidentiality, and other ethical concerns
- Knowledge of ethical practices and challenges involved in providing services to individual with substance use disorders, such as avoiding multiple relationship, billing errors, confidentiality, etc.
- Knowledge of clinical and cultural competence and limitations
- Legal and ethical aspects of Clinical Supervision
- Roles and responsibilities of addictions professionals when aware of or engaging with the OCDP Board's investigations regarding potential ethical violations

CLINICAL SUPERVISION ENDORSEMENT EDUCATION CONTENT AREAS

The following represent content area descriptions appropriate for clinical supervision education.

S1 - Counselor Development

- Clinical supervision models
- Teaching and training methods and strategies
- Assessment theories
- Practices and tools
- Feedback purpose and process
- Motivational techniques to promote career development
- Communication processes/ techniques

- Problem solving/conflict resolution models
- Theories of stress management
- Adult learning models
- Fellow staff ethical problem solving
- Special populations
- Ethics/Appropriate professional boundaries regarding clients
- Agency policy regarding appropriate counselor/client and supervisor-supervisee relationships

S2 - Professional & Ethical Standards

- Includes public relation techniques
- Professional organizations, their goals and objectives
- Government agencies
- Agency, state and professional codes
- Route of reporting ethical violations
- Credentialing requirements

- Impact of nutrition and exercise on physical and mental well-being
- Stages of human development
- Various cultures, values and lifestyles
- Confidentiality laws grievance process

S3 - Program Development & Quality Assurance

- Includes developing program goals and objectives
- Methods of program development delivery
- Relationship building to enhance service delivery
- Clinical services improvement planning
- Development and implementation of quality improvement and quality assurance processes

- Advocacy
- Program needs assessments
- Monitoring client outcomes
- Client access, engagement and retention
- Facilitation of staff learning

S4 - Performance Evaluation

- Leadership styles
- Interview techniques
- Stress management
- Observation techniques
- Functional communication skills
- Public speaking techniques

- Basic teaching techniques
- Career development
- Comprehensive assessment
- Interventions and strategies
- Ways to coordinate supervision with appropriate and reasonable work assignment

S5 - Administration

- Includes monitoring techniques
- Management practices
- Orientation procedures and practice
- Motivational skills
- Consultation strategies
- Staff development

- Program assessment and development methods
- Deference between consultation and supervision
- Agency's hiring and termination policies
- Performance appraisals

GAMBLING DISORDER ENDORSEMENT EDUCATION CONTENT AREAS
The following represent content area descriptions appropriate for Gambling Endorsement education.

G1 - Basic Knowledge of Gambling Disorder

- Understanding the history, prevalence and social impact of gambling in the US
- Understanding the history and theoretical basis for treatment of gambling disorder as well as familiarity with current research and literature in the field
- Knowledge of gambling disorder terminology, progression of the disorder, and withdrawal symptoms
- Knowledge of client evaluations for gambling disorder including screening, intake, assessment and diagnostic criteria

G2 - Gambling Counseling Practice

- Understanding the effect of gambling disorder on the gambler personally, interpersonally, financially, as well as management of the disorder and the recovery process
- Knowledge of skills in gambling disorder treatment including individual, group and family counseling, interventions and treatment planning
- Understanding the relationship of gambling disorder to substance abuse
- Understanding of sociocultural values and attitude systems related to finances, gambling disorder and spiritual concerns
- Knowledge of client care in gambling disorder treatment including case management, referral resources, report and record keeping, and consultation.
- Knowledge of the steps, traditions and philosophy of Gamblers Anonymous, its relation to various treatments and the programs of Gam-Anon and Gam-A-Teen

G3 - Special Issues in Gambling Treatment

- Understanding special populations as it relates to gambling disorder including adolescents, older adults, female gamblers, cultural minorities and criminal justice
- Knowledge of relapse and relapse prevention as it relates to gambling disorder
- Understanding suicide, co-occurring disorders and chronic illness as it relates to gambling disorder

G4 - Professionalism in Gambling Treatment

- Understanding administrative and clinical supervision as it relates to gambling disorder treatment

- Knowledge of client rights in gambling disorder treatment including confidentiality, informed consent, and non-discrimination
- Knowledge of counselor responsibilities in gambling disorder treatment including reporting duties, client welfare, inter-professional relationships and continuous quality improvement

LICENSE OR CERTIFICATE RENEWALS

Please see OCDP website or OAC 4758-13 for Renewal Requirements, including Endorsement renewals . All courses that apply to the content areas **C1, C2, C4, C5 and C7** can be used to meet your substance use disorder specific renewal hour requirement. All content areas above can also be used in the TR1 area for RENEWALS.

TR1- Treatment Field Related
(Only can use TR1 for Renewals; cannot be used for certification or licensure)

The content area is only used for Renewals and should only be used by those conducting education programs if the information is *related* to substance use disorder treatment but does not fit into any of the Content Areas above. Any certificates marked as TR1 can NOT be used for education requirements for those applying for treatment certification or licensure; unless the applicant can produce the agenda and goals/objectives of the training, instructor bio, why they believe the TR1 CEU could be applied to a specific Substance Use Disorder Content area, and the Board makes an exception.

Educational providers are to list the number of hours and the content area of the material their course/workshop/training covers on certificates. As an applicant, you should keep agendas and descriptions to verify material was presented in the appropriate content area if you believe content could be applied in another content area than listed on the certificate.

Ohio Administrative Code 4758-5 License and Certification requirements
Ohio Administrative Code 4758-13 Continuing Education and License Renewal